

## Parenting Resources for Foster Parents:

### **Advocating for Your Foster or Kinship Child at School**

<https://creatingafamily.org/foster-care/fostering-blog/advocating-for-your-foster-or-kinship-child-at-school/>

Creating a Family (2021)

Explains how to support your foster youth in an educational setting and why this support is important to education success.

<https://advocacy31nine.org/>

Advocates for students impacted by foster care, kinship care, and adoption in the state of Arizona.

### **Affirming and Nurturing Racial Identity and Equality in Children**

<http://centervideo.forest.usf.edu/video/qpi/nurturingracialidentity/start.html>

Edwards & Hudson (2020)

Youth Law Center

Explores messages and actions that caregivers could use to assist children in exploring and appreciating their own racial identity as well as adopting an antiracist worldview.

### **10 Resources for Foster Parents**

<https://www.aecf.org/blog/resources-for-foster-parents>

Annie E. Casey Foundation (2018)

Provides 10 resources for foster parents and families to help them parent children in their care and navigate the child welfare system. Resources include a blog post on keeping siblings together, a website for raising grandchildren, a magazine written by parents who have experienced the child welfare system, and more.

### **Behavioral Management for Adolescents in Child Welfare**

<https://www.cebc4cw.org/topic/behavioral-management-for-adolescents-in-child-welfare/>

California Evidence-Based Clearinghouse for Child Welfare

Reviews and rates programs that help manage the behavior of adolescents involved with child welfare for evidence-based practices. Behaviors targeted include general disruptive behaviors (e.g., arguing and back talk), delinquent behaviors (e.g., petty theft and vandalism), truancy, and running away from out-of-home placements.

### **Child Discipline Techniques for Foster or Adopted Children**

<https://www.verywellfamily.com/child-discipline-foster-or-adopted-children-27010>

Offers 11 different ways to discipline children who have experienced trauma, including redirecting behavior, consulting a professional, discussing feelings, time in vs. time out, charting the child's behavior, and more.

### **Families and Caregivers**

<https://www.nctsn.org/audiences/families-and-caregivers>

National Child Traumatic Stress Network

Examines the effect of trauma on children throughout development and provides resources to guide parents.

<https://sesamestreetincommunities.org/topics/foster-care/>

Sesame Street in Communities

Provides resources for providers and families to help children in out-of-home care cope with their separation from their parents, their placements in care, and reunification.